WHAT IS CLAIMED IS:

- 1. A support or accessory apparatus for a ladder or other article including:
 - (a) a body;
- 5 (b) a primary attachment member connected to the body:
 - article; and
 - (d) locking means for retaining the primary attachment member and the secondary attachment member together.
- The support or accessory apparatus of claim 1 wherein the body comprises a fixed component to which the primary attachment member is connected and a movable component capable of moving relative to the fixed component.
- 3. The support or accessory apparatus of claim 2 wherein the fixed component comprises a guiding means for guiding the movement of the movable component, wherein the guiding means is in the form of a housing, channel or at least one pair of brackets.
 - 4. The support or accessory apparatus of claim 3 wherein the guiding means comprises a housing.
- The support or accessory apparatus of claim 4 wherein the housing comprises an elongate continuous enclosed hollow tube.
 - 6. The support or accessory apparatus of claim 5 wherein the moveable component is an inner member capable of telescopic movement relative to the housing.

- 7. The support or accessory apparatus of claim 6 wherein the movable component is securable at a desired position relative to the fixed member by securing means.
- 8. The support or accessory apparatus of claim 7 wherein the securing means comprises a securing pin located on the fixed component and a mating aperture located on the moveable component, wherein the securing pin when inserted into the mating aperture secures the moveable component relative to the fixed component.

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- 9. The support or accessory apparatus of claim 1 wherein the primary
 10 attachment member is connected to the body by a fastener or is welded thereto.
 - 10. The support or accessory apparatus of claim 1 wherein the secondary attachment member is adapted to be secured to a side rail of the ladder.
- 11. The support or accessory apparatus of claim 10 wherein the secondary attachment member secured by a fastener that is adapted to extend at least through the side rail of the ladder.
 - 12. The support or accessory apparatus of claim 11 wherein the fastener is a rod adapted to traverse the ladder from one side rail to another side rail.
- 13. The support or accessory apparatus of claim 12 wherein the rod is20 adapted to be located within an adjacent rung of the ladder.
 - 14. The support or accessory apparatus of claim 1 wherein the primary attachment member and the secondary attachment member engage in a male-female interaction.
 - 15. The support or accessory apparatus of claim 14 wherein the

primary attachment member is a peg and the secondary attachment member is a socket or the primary attachment member is a socket and the secondary attachment member is a peg.

- The support or accessory apparatus of claim 15 wherein the
 primary attachment member is a peg and the secondary attachment member is a socket.
 - 17. The support or accessory apparatus of claim 15 wherein the peg is slidable within the socket.
- 18. The support or accessory apparatus of claim 17 wherein the locking means comprises one or more fasteners insertable through co-aligned apertures in the peg and the socket.
 - 19. The support or accessory apparatus of claim 18 wherein said locking means comprises a locking ring or locking pin.
- 20. The support or accessory apparatus of claim 19 wherein said locking ring comprises a bent portion adapted to be inserted through said socket aperture and securable within the peg aperture to thereby retain the socket and peg together.
 - 21. A ladder assembly comprising:
 - (i) a ladder;
- 20 (ii) a support apparatus or accessory comprising:
 - (1) a body;
 - (2) a primary attachment member connected to the body;
 - (3) a secondary attachment member secured to the ladder; and
 - (4) locking means for retaining the primary attachment

member and the secondary attachment member together.

- 22. The ladder assembly of claim 21 wherein the support apparatus comprises: an adjustable length support, stabilizer, wall guard, hook, shelf, tray, paint can hanger or bucket hanger.
- 5 23. The ladder assembly of claim 21 wherein the primary attachment member and the secondary attachment member engage in a male-female interaction.
 - 24. The ladder assembly of claim 23 wherein the primary attachment member is a peg and the secondary attachment member is a socket or the primary attachment member is a socket and the secondary attachment member is a peg.
 - 25. The ladder assembly of claim 24 wherein the locking means comprises one or more fasteners insertable through co-aligned apertures in the peg and the socket.
- The ladder assembly of claim 25 wherein the locking means
 comprises a locking ring or locking pin.
 - 27. A support apparatus for a ladder including:
 - (A) a body comprising:

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- (i) a housing in the form of an elongate continuous enclosed hollow tube;
- (ii) a movable component telescopically movable relative to the housing; and
 - (iii) a securing means located on the housing, wherein the securing means comprises a securing pin insertable into a mating aperture located on the movable component to thereby secure the movable

component relative to the housing;

- (B) a peg connected to the housing;
- (C) a socket securable to the ladder; and
- (D) locking means comprising a locking pin that is insertable through
- 5 co-aligned apertures in the peg and the socket to thereby secure the peg and the socket together.
 - 28. A ladder assembly comprising:
 - (I) a ladder; and
 - (II) a support apparatus comprising:
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- (a') a body comprising:
- (i') a housing in the form of an elongate continuous enclosed hollow tube;
- (ii') a movable component telescopically movable relative to the housing; and

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- (iii') a securing means located on the housing, wherein the securing means comprises a securing pin insertable into a mating aperture located on the movable component to thereby secure the movable component relative to the housing;
- (b') a peg connected to the housing;

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- (c') a socket secured to the ladder; and
- (d') locking means comprising a locking pin that is insertable through co-aligned apertures in the peg and the socket to thereby secure the peg and the socket together.